



Single Option

Benefit

Cover

Consultations

General Practitioners
Overall limit -
10 consultations per year

Medicine

Acute Medication
Prescriptions Limit -
N\$150.00 per
prescription

Overall limit -
10 prescription per year
*prescription only
available if a consultation
was done

Blood Tests

Specified Blood Tests
Overall limit -
N\$1500.00 per year

Family Option

Benefit

Cover

Consultations

General Practitioners
Overall limit -
15 consultations per year
per family

Medicine

Acute Medication
Prescriptions Limit -
N\$150.00 per
prescription

Overall limit -
15 prescription per year per
family *prescription only
available if a consultation
was done

Blood Tests

Specified Blood Tests
Overall limit -
N\$1500.00 per year per
family

A list of services providers can be found on www.life.na



SMS "MED" to 31844 for more information
Standard SMS rates apply