



Single Option

Benefit	Cover
Consultations	
General Practitioners	Overall limit - 10 consultations per year
Medicine	
Acute Medication	Prescriptions Limit - N\$150.00 per prescription Overall limit - 10 prescription per year *prescription only available if a consultation was done
Blood Tests	
Specified Blood Tests	Overall limit - N\$1500.00 per year

Family Option

Benefit	Cover
Consultations	
General Practitioners	Overall limit - 15 consultations per year per family
Medicine	
Acute Medication	Prescriptions Limit - N\$150.00 per prescription Overall limit - 15 prescription per year per family *prescription only available if a consultation was done
Blood Tests	
Specified Blood Tests	Overall limit - N\$1500.00 per year per family

A list of services providers can be found on www.life.na



SMS "MED" to 31844 for more information
Standard SMS rates apply